

TeamBirth



Welcome to Salinas Valley Health Labor & Delivery! We have recently launched TEAMBirth, a process for ensuring the patient is at the center of decision making during their labor.

- **TEAMBirth promotes including the patient, nurse, and doctor in shared decision-making about the plan of care throughout labor.**
- **It uses huddles at key decision points to encourage ongoing communication between the whole team.**

If you have any questions, please let your nurse know. Thank you for choosing Salinas Valley Health!