



MOBILE CLINIC

Patient Information:

Form with fields for Last Name, First Name, Middle Initial, Gender, Social Security#, Marital Status, Birthdate, Race, Ethnicity, Primary Language, Mailing Address, City, State, ZIP, Home Phone, Cell Phone, Work Phone, and Email Address (Required).

If Patient Is A Minor Please Complete:

Form with fields for Name of Parent/Guardian, Guarantor Date of Birth, Mailing Address, Zip, City, State, Social Security#, Relationship to Patient, and Phone.

Person to Notify in Case of Emergency:

Form with fields for Name, Street Address, City, Zip, Home Phone, and Relation to Patient.

Please describe your illness/injury/symptoms and date of onset: \_\_\_\_\_ Work Related: Yes \_\_\_ No \_\_\_

Prescriptions

Salinas Valley Health and affiliates, in compliance with the California Business and Professions Code, hereby notify you of your right to either have your prescription filled by our medical provider or of obtaining a written prescription for filling at a pharmacy of your choice.

Patient email Address

By providing my email address, I give Salinas Valley Health permission to email me directly or through a third party to survey me regarding my visits for the purpose of patient satisfaction and quality assessment.

Lab Service Disclosure

Please be advised that Laboratory Services are provided by Foundation Laboratory, Salinas Valley Health Medical Center Laboratory, and/or another outside laboratory. If you wish to select a laboratory other than the ones mentioned, please inform the medical staff.

Signature: \_\_\_\_\_ Relationship: \_\_\_\_\_ Date: \_\_\_\_\_



MOBILE CLINIC

***Provider Office Consent for Treatment***

I hereby consent to any medical or surgical treatment for myself or for my minor child. I understand that even simple treatment or diagnostic measures have a risk of complications, which will be explained at the time of the procedure or treatment. Salinas Valley Health Mobile Clinic staff will assist with referrals for specialized services.

***I understand and give my consent to be diagnosed and treated by a licensed Physician Assistant or Nurse Practitioner instead of a Physician. I also understand that a Physician Assistant or Nurse Practitioner may prescribe and/or dispense my medicines.***

**Patient Name:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_

**Patient's Signature:** \_\_\_\_\_

(If Minor, Legal Guardian Signature)

**Date:** \_\_\_\_\_

**NOTIFICATION TO CONSUMERS:**

Physician Assistants (PA) are licensed and regulated by the Physician Assistant Board, (916) 561-8780, [www.pab.ca.gov](http://www.pab.ca.gov)

Nurse Practitioners (NP) are licensed and regulated by the Board of Registered Nursing, (916) 322-3350, [www.rn.ca.gov](http://www.rn.ca.gov)

**SALINAS UNION HIGH SCHOOL DISTRICT**  
 431 W. ALISAL ST, SALINAS, CA 93901

SCHOOL: \_\_\_\_\_ STUDENT I.D.# \_\_\_\_\_

**PREPARTICIPATION PHYSICAL FORM**

NAME \_\_\_\_\_ SEX \_\_\_\_\_ AGE \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

GRADE \_\_\_\_\_ SPORTS \_\_\_\_\_

Personal Physician \_\_\_\_\_ Physician's Phone Number \_\_\_\_\_

Explain "Yes" answers below:

- |  | Yes                      | No                       |
|--|--------------------------|--------------------------|
| 1. Have you ever been hospitalized?.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Have you ever had surgery?.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Are you presently taking any medications or pills?.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Do you have any allergies (medicine, bees, or other stinging insects)?.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Have you ever passed out during or after exercise?.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Have you ever been dizzy during or after exercise?.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Have you ever had chest pain during or after exercise?.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Do you tire more quickly than your friends during exercise?.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Have you ever had high blood pressure?.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Have you ever been told that you had a heart murmur?.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. Have you ever had racing of your heart or skipped heartbeats?.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. Has anyone in your family died of heart problems or a sudden death before age 50?.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. Do you have any skin problems (itching, rashes, acne)?.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 14. Have you ever had a head injury?.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 15. Have you ever been knocked out or unconscious?.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 16. Have you ever had a seizure?.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 17. Have you ever had a stinger, burn or pinched nerve?.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 18. Have you ever had heat or muscle cramps?.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 19. Have you ever been dizzy or passed out in the heat?.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 20. Do you have trouble breathing or do you cough after your activity?.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 21. Do you use any special equipment (pads, braces, neck rolls, mouth guard, eye guards, etc.)?.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 22. Have you had any problems with your eyes or vision?.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 23. Do you wear glasses, contacts or protective eye wear?.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 24. Have you ever sprained/strained, dislocated, fractured, broken or had repeated swelling<br>or other injuries of any of the following bones or joints? Mark all that apply.....                                     | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> Head <input type="checkbox"/> Shoulder <input type="checkbox"/> Thigh <input type="checkbox"/> Neck <input type="checkbox"/> Knee <input type="checkbox"/> Chest <input type="checkbox"/> Hip |                          |                          |
| <input type="checkbox"/> Forearm <input type="checkbox"/> Shin/Calf <input type="checkbox"/> Back <input type="checkbox"/> Wrist <input type="checkbox"/> Hand <input type="checkbox"/> Foot                           |                          |                          |
| 25. Have you had any other medical problems (infectious mononucleosis, diabetes, etc.)?.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 26. Have you had a medical problem or injury since your last evaluation?.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 27. When was your last tetanus shot? .....   | _____                    |                          |
| 28. When was your last measles immunization?.....  | _____                    |                          |
| 29. When was your last menstrual period?.....  | _____                    |                          |
| 30. When was your first menstrual period? .....  | _____                    |                          |
| 31. What was the longest time between your periods last year?.....   | _____                    |                          |

Explain "Yes" answers: \_\_\_\_\_

I hereby state that to the best of my knowledge, my answers to the above questions are correct.

Signature of Student \_\_\_\_\_ Signature of Parent \_\_\_\_\_  
 Date \_\_\_\_\_ Date \_\_\_\_\_

Adapted from Lombardo et al. *Preparticipation Physical Evaluation* (monograph). Kansas City, MO: American Academy of Family Physicians, American Academy of Pediatrics, American Medical Society for Sports Medicine, American Orthopedic Society for Sports Medicine, American Osteopathic Academy of Sports Medicine, 1992.

NAME OF STUDENT \_\_\_\_\_

## PHYSICAL EXAMINATION

Height \_\_\_\_\_ Weight \_\_\_\_\_ Blood Pressure \_\_\_\_\_ / \_\_\_\_\_ Pulse \_\_\_\_\_

Vision: Right 20/\_\_\_\_ Left 20/\_\_\_\_ Corrected: Yes No Pupils \_\_\_\_\_

	Normal		Abnormal Findings			Initials
	1	2	3	4	5	
<b>Tanner Stage</b>						
<b>Cardiopulmonary</b>						
<b>Pulses</b>						
<b>Heart</b>						
<b>Lungs</b>						
<b>Abdominal</b>						
<b>Genitalia</b>						
<b>ENT</b>						
<b>Skin</b>						
<b>Musculoskeletal</b>						
<b>Neck</b>						
<b>Shoulder</b>						
<b>Elbow</b>						
<b>Wrist</b>						
<b>Hand</b>						
<b>Back</b>						
<b>Knee</b>						
<b>Ankle</b>						
<b>Foot</b>						
<b>Other</b>						

### CLEARANCE:

- Cleared
- Cleared after completing evaluation/rehabilitation for: \_\_\_\_\_
- Noncontact      \_\_\_\_\_ Strenuous      \_\_\_\_\_ Moderately strenuous      \_\_\_\_\_ Nonstrenuous

Due to: \_\_\_\_\_

Recommendation: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Physician's Signature: \_\_\_\_\_ Exam Date: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Physician's Stamp: