



Cooking Demonstration at the Salinas Soccer Complex

Saturday, June 13
10:00am–11:00am

SALINAS REGIONAL
SOCCER
COMPLEX

Salinas Regional Soccer Complex
1440 Constitution Boulevard
Salinas, CA 93905

Taste Healthy Flavors & Learn With Us

Join us for a FREE cooking demo and learn how to prepare a delicious, refreshing dish.

Recipe: Mango & Black Bean Salad with Plantain.

- Free Event
- Food Tastings
- Giveaways



To register, please scan the QR code, or visit SalinasValleyHealth.com/Events-Classes

 **Salinas Valley**
HEALTH

Live Well
PROJECT